Foundation of Chinese Medicine (2024) Syllabus

Overview

The Phoenix Academy's Foundation of Chinese Medicine is an online course, virtually conducted by masters in the industry. Each cohort will run for 1 year, which includes:

- **36 lecturer hours via Zoom**
- **3 weekends, 6 hours per day**
- **3 x 1 hour assessment tutorials**
- **500 directed self-learning hours**

Syllabus

Sessions	Foundation of Chinese Medicine Course	Hours	Dates*
1	TCM History, Philosophical Framework, Ying/Yang & Five Element	3	May 18th 2024
2	TCM Physiology, Essential Life Materials	3	May 18th 2024
3	Viscera Theory, Five Zang & Six Fu	6	May 19th 2024
4	Concept of Meridian & Acupuncture Points	3	June 15th 2024
5	Principles of Prevention & Treatment	3	June 15th 2024
6	TCM Diagnostic Principles, Inspection Methods, Tongue & Pulse Diagnosis	6	June 16th 2024
7	Study of Main Symptoms	6	July 13th 2024
8	Syndrome Pattern System	6	July 14th 2024

*Lecture starts at 9:30am and finishes at 4:30pm

Assessment

Students will be assessed 3 times throughout this foundation course, via a mix of essays and exams:

- **Assessment 1:** Essay on a topic agreed on the zang-fu system
- **Assessment 2:** Case study to exercise diagnosis knowledge and skills
- **Assessment 3:** Examination – 1 hour, MCQ & short answer question

Course Fee

This course costs **£925 per student**.

Methods of Payment

Select	Payment Plan	Payment Structure
	Full	£925
	3 instalments (incl. 4% admin fee)	Each instalment is £320, paid over 3 monthly instalments by direct debit from May to July 2024