PHOENIX ACADEMY
ACUPUNCTURE & HERBAL MEDICINE

Specialists in Classical Chinese Medicine Education
5 Lonebarn Link | Springfield Business Park | Chelmsford | CM2 5AR | United Kingdom

3-year Chinese Herbal Medicine Diploma Course Dates (Cohort 2025-28)
Year One 2025-2026

Module 1 TCM Materia Medica and Formulary	Date	Hosted by
1.1 General Introduction to Formulas	Released 15th September 2025	
Module 1.1 Tutorial	28th September 2025	Zanyu Chen
Module 1.1 Essay Submission	8th October 2025	
Module 1.1 Summary Session	12th October 2025	Kaicun Zhao
1.2 Herbs and Formulas for External Syndromes	Released 13th October 2025	
Module 1.2 Tutorial	26th October 2025	Zanyu Chen
Module 1.2 Online Case-based Seminar	1st November 2025	Fanyi Meng
Module 1.2 Essay Submission	5th November 2025	
Module 1.2 Summary Session	9th November 2025	Kaicun Zhao
1.3 Herbs and Formulas for Restoring Deficiency Syndromes part 1	Released 10th November 2025	
Module 1.3 Tutorial	23rd November 2025	Fanyi Meng
Module 1.3 Online Case-based Seminar	29th November 2025	Fanyi Meng
Module 1.3 Essay Submission	3rd December 2025	
Module 1.3 Summary Session	7th December 2025	Kaicun Zhao
1.4 Herbs and Formulas for Restoring Deficiency Syndromes part 2	Released 8th December 2025	
Module 1.4 Tutorial	21st December 2025	Zanyu Chen
Module 1.4 Online Case-based Seminar	3rd January 2026	Fanyi Meng
Module 1.4 Essay Submission	7th January 2026	
Module 1.4 Summary Session	11th January 2026	Kaicun Zhao
1.5 Herbs and Formulas for Clearing & Relieving Syndromes	Released 12th January 2026	
Module 1.5 Tutorial	25th January 2026	Zanyu Chen
Module 1.5 Online Case-based Seminar	31st January 2026	Fanyi Meng
Module 1.5 Essay Submission	4th February 2026	
Module 1.5 Summary Session	8th February 2026	Kaicun Zhao
1.6 Herbs and Formulas for Warming Interior, Eliminating Dampness with Aromatics & Arresting Secretion	Released 9th February 2025	
Module 1.6 Tutorial	22nd February 2026	Kaicun Zhao
Module 1.6 Online Case-based Seminar	28th February 2026	Fanyi Meng
Module 1.6 Essay Submission	4th March 2026	
Module 1.6 Summary Session	8th March 2026	Kaicun Zhao
1.7 Herbs and Formulas for Regulating Qi Flow and Treating Blood Disorders	Released 9th March 2026	
Module 1.7 Tutorial	22nd March 2026	Zanyu Chen
Module 1.7 Online Case-based Seminar	8th March 2026	Fanyi Meng
Module 1.7 Essay Submission	1st April 2026	
Module 1.7 Summary Session	12th April 2026	Kaicun Zhao

1.8 Herbs and Formulas for Eliminating Dampness, Expelling Dampness and Removing Dampness	Released 13th April 2026	
Module 1.8 Tutorial	26th April 2026	Fanyi Meng
Module 1.8 Online Case-based Seminar	2nd May 2026	Fanyi Meng
Module 1.8 Essay Submission	6th May 2026	
Module 1.8 Summary Session	17th May 2026	Kaicun Zhao
1.9 Herbs and Formulas for Dissipating and Stopping Coughs	Released 11th May 2026	
Module 1.9 Tutorial	24th May 2026	Zanyu Chen
Module 1.9 Online Case-based Seminar	30th May 2026	Fanyi Meng
Module 1.9 Essay Submission	3rd June 2026	
Module 1.9 Summary Session	7th June 2026	Kaicun Zhao
1.X Herbs and Formulas for Calming Liver and Soothing Mind	Released 8th June 2026	
Module 1.X Tutorial	21st June 2026	Zanyu Chen
Module 1.X Online Case-based Seminar	27th June 2026	Fanyi Meng
Module 1.X Essay Submission	1st July 2026	
Module 1.X Summary Session	5th July 2026	Kaicun Zhao
Module 2. Module 2 Pharmaceutical Study in TCM Herbs Pharmacology, Pharmacognosy & Plant Based Pharmaceutical Studies	12th July 2026 Online Session 9:30-16.30	Kaicun Zhao
Module 2 Essay Submission	22nd July 2026	
Module 2 Summary Session	26th July 2026	Kaicun Zhao
Module 3. Professional Development into TCM Herbal Practice	Two days of Hybrid Teaching	
Module 3.1 Regulatory and Compliance Requirements for Practitioners and Important Considerations in Clinical Practice	Whole day of 1st August 2026 9:30 - 16:30	Fanyi Meng
Module 3.2 Dispensary Training & Introduction to Year 2 Studies	Whole day of 2nd August 2026 9:30 - 16:30 Face to face teaching & dispensing training	Fanyi Meng + Phoenix Academy
Final Exam	13th September 2026	

Note:
Online live sessions on Saturday and/or Sunday: 18:30 – 21:30

Module 1.1 – 1.10: Recorded Lectures by Prof Zanyu Chen
Tutorial Session: Prof Zanyu Chen
Online Case-based Seminar: Prof Fanyi Meng
Summary Session: Prof Kaicun Zhao
Module 2: Prof Kaicun Zhao
Module 3: Prof Fanyi Meng